

March 2025

Bella Mar at Delray | Assisted Living Activity Calendar

Dining Room = DR Bistro/Lobby = BL
 Courtyard = CY Cinema = CA
 Exercise Room-ER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						10:00 Let's Get Physical Exercise 11:00 Word Games (AR) 1:30 Bingo (AR) 2:30 Saturday Matinee (T) 3:00 Discussion Group (PDR) 7:00 Saturday Night at the Movies Romance (CA)
10:00 Chair Exercise (AR) 11:00 Sing-a-Long with Lori (BL) 1:00 Poker (PD) 1:30 Pictionary (AR) 2:30 Rummikub (AR) 3:30 Bingo Blast 7:00 Sunday Night at the Movies (Classic) (TH)	10:00 Chair Yoga (G) 11:00 Current Events (CA) 1:30 Word Games 2:30 Rummikub (AR) 3:30 25 Cent Black Jack (AR) 4:30 Game Day (AC) 7:00 Monday Night Musical (CA)	9:30 The Walking Club 10:00 Trivia (AR) 11:00 Growing Stronger Therapy Classes (G) 1:30 Documentary "Downfall" 2:30 Bingo (AR) 3:30 Happy Hour with Theirry Khalfa Entertaining (BL) 7:00 Movie Night (Action) (CA)	9:30 Nature Walk (CY) 10:00 Chair fitness Program (ER) 11:30 Lunch Outing to Old Key Lime (OT) 1:30 Top Secrets UFO episode 4 (CA) 2:30 Scattagories (AR) 4:00 Scrabble Challenge 7:00 Wednesday night Comedy Night (CA)	9:30 Inspired Living Walkers 10:00 Current Events (T) 11:00 Growing Stroger exercise class (G) 1:30 Word games 2:30 Town Hall (DR) 3:30 Happy Hour with Billy K entertaining (BL) 7:00 Inspired Cinema (New Release) (CA)	9:30 Coffee & Chat (BL) 10:00 Chair fitness Program (G) 11:00 Shabbat Services 1:30 Rummikub (AR) 2:30 Word Games (AR) 3:30 Scrabble (AR) 7:00 Inspired Cinema (Drama) (CA)	10:00 Let's Get Physical Exercise 11:00 Word Games (AR) 1:30 Bingo (AR) 2:30 Saturday Matinee (T) 3:00 Discussion Group (PDR) 7:00 Saturday Night at the Movies Romance (CA)
10:00 Chair Exercise (AR) 11:00 Sing-a-Long with Lori (BL) 1:00 Poker (PD) 1:30 Pictionary (AR) 2:30 Rummikub (AR) 3:30 Bingo Blast 7:00 Sunday Night at the Movies (Classic) (TH)	10:00 Chair Yoga (G) 11:00 Current Events (CA) 1:30 Word Games 2:30 Rummikub (AR) 3:00 Trustbridge Caregivers Support Group (L) 3:30 25 Cent Black Jack (AR) 4:30 Game Day (AC) 7:00 Monday Night Musical (CA)	9:30 The Walking Club 10:00 Current Events (AR) 11:00 Growing Stronger Therapy Classes (G) 1:30 Mexican Trivia (AR) 2:30 Bingo (AR) 3:30 Happy Hour with leiza Michaels Entertaining (BL) 7:00 Movie Night (Action) (CA)	9:30 Nature Walk (CY) 10:00 Chair fitness Program (ER) 11:30 Depart for Lunch at Bonefish Grill 1:30 Encounters Episode 5 (CA) 2:30 Food Forum/ Menu chat (DR) 4:00 Scrabble Challenge 7:00 Wednesday night Comedy Night (CA)	9:30 Inspired Living Walkers 10:00 Current Events (T) 11:00 Growing Stroger exercise class (G) 1:30 Word games 3:30 Happy Hour with Lionel Entertaining & themed cocktail drinks (BL) 6:30 \$ Bingo Night 7:00 Inspired Cinema (New Release) (CA)	9:30 Coffee & Chat (BL) 10:00 Chair fitness Program (G) 11:00 Shabbat Services 1:30 Rummikub/Scrabble (AR) 2:30 Word Games (AR) 7:00 Inspired Cinema (Drama) (CA)	10:00 Let's Get Physical Exercise 11:00 Word Games (AR) 1:30 Bingo (AR) 2:30 Saturday Matinee (T) 3:00 Discussion Group (PDR) 7:00 Saturday Night at the Movies Romance (CA)
10:00 Chair Exercise (AR) 11:00 Sing-a-Long with Lori (BL) 1:00 Poker (PD) 1:30 Pictionary (AR) 2:30 Rummikub (AR) 3:30 Bingo Blast 7:00 Sunday Night at the Movies (Classic) (TH)	10:00 Chair Yoga (G) 11:00 Current Events about St Patrick's Day (CA) 12:00 St Patrick's Day Luncheon (DR) 1:30 Word Games 2:00 Resident Council (DR) 3:30 25 Cent Black Jack (AR) 4:30 Game Day (AC) 7:00 Monday Night Musical (CA)	9:30 The Walking Club 10:00 Trivia (AR) 11:00 Growing Stronger Therapy Classes (G) 1:30 "The Only Girl in the Orchestra" documentary (CA) 2:00 Certified Therapy Dogs Visit (BL) 2:30 Bingo (AR) 3:30 Happy Hour with Pamela Cohen entertaining (BL)	9:30 Nature Walk (CY) 10:00 Chair fitness Program (ER) 11:30 Lunch Outing to Ben's Delicatessen (OT) 1:30 Encounters Episode 6 (CA) 2:30 Lecture with Andy Greenberg (CA) 4:00 Scrabble Challenge 7:00 Wednesday night Comedy Night (CA)	9:30 Inspired Living Walkers 10:00 Current Events (T) 11:00 Growing Stroger exercise class (G) 1:30 Word games 3:00 Mexican Cooking Demo (BL) 3:30 Happy Hour with James entertaining & Mexican fun (BL) 7:00 Inspired Cinema (New Release) (CA)	9:30 Coffee & Chat (BL) 10:00 Chair fitness Program (G) 11:00 Shabbat Services 1:30 Rummikub/Scrabble (AR) 2:30 Word Games (AR) 7:00 Inspired Cinema (Drama) (CA)	10:00 Let's Get Physical Exercise 11:00 Word Games (AR) 1:30 Bingo (AR) 2:30 Saturday Matinee (T) 3:00 Discussion Group (PDR) 7:00 Saturday Night at the Movies Romance (CA)
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Activities are subject to change, due to weather or other circumstances.