



December 2024

Bella Mar at Delray | Assisted Living Activity Calendar

Dining Room = DR Bistro/Lobby = BL
 Courtyard = CY Cinema = CA
 Exercise Room-ER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Chair Exercise (AR) 11:00 Sing-a-Long with Lori (BL) 1:30 Pictionary (AR) 1:30 Poker (PD) 2:30 Rummikub (AR) 3:30 Bingo Blast 7:00 Sunday Night at the Movies (Classic) (T)	10:00 Chair Yoga (G) 11:00 Current Events with Sandra (CA) 1:30 Word Games 2:30 Rummikub (AR) 3:30 25 Cent Black Jack (AR) 4:30 Game Day (AC) 7:00 Monday Night Musical (CA)	9:30 The Walking Club 10:00 Trivia (AR) 11:00 Growing Stronger Therapy Classes (G) 1:00 "Yogi Berra" It ain't over (documentary) (TH) 2:30 Bingo (AR) 3:30 Happy Hour with James Petroski (BL) 7:00 Movie Night (Action) (CA)	9:30 Nature Walk (CY) 10:00 Chair fitness Program (ER) 11:30 Depart to Birds Nest (Chinese) (G) 1:30 "Investigation Alien Episode 1 Why are they here?" (CA) 2:30 Scattagories (AR) 3:30 Baking & Decorating holiday cookies (AR) 4:00 Scrabble Challenge 7:00 Wednesday night Comedy Night (CA)	9:30 Inspired Living Walkers 10:00 Current Events (TH) 11:00 Growing Stroger exercise class (G) 1:30 Word games 2:15 Tree Trimming (BL) 3:30 Happy Hour with Lyonel Entertaining (BL) 6:30 \$ Bingo Night (AR) 7:00 Inspired Cinema (New Release) (CA)	9:30 Coffee & Chat (BL) 10:00 Chair fitness Program (G) 11:00 Shabbat Services 1:30 Rummikub/Scrabble (AR) 2:30 Word Games (AR) 3:30 Bird Peepers (SC) 7:00 Inspired Cinema (Drama) (CA)	9:30 Coffee chat on Patio 10:00 Let's Get Physical Exercise 11:00 Word Games (AR) 1:30 Bingo (AR) 2:30 Saturday Matinee (TH) 3:00 Discussion Group (PDR) 7:00 Saturday Night at the Movies Romance (CA)
10:00 Chair Exercise (AR) 11:00 Sing-a-Long with Lori (BL) 1:30 Pictionary (AR) 1:30 Poker (PD) 2:30 Rummikub (AR) 3:30 Bingo Blast 7:00 Sunday Night at the Movies (Classic) (T)	10:00 Chair Yoga (G) 11:00 Current Events with Sandra (CA) 1:30 Word Games 2:30 Rummikub (AR) 3:00 Trustbridge Caregivers Support Group (L) 3:30 25 Cent Black Jack (AR) 4:30 Game Day (AC) 7:00 Monday Night Musical (CA)	9:30 The Walking Club 10:00 Trivia (AR) 11:00 Growing Stronger Therapy Classes (G) 1:00 Our Great National Parks episode 1 "A world of wonder" (CA) 2:30 Bingo (AR) 3:30 Happy Hour with Don Stansfield (BL) 7:00 Movie Night (Action) (CA)	9:30 Nature Walk (CY) 10:00 Chair fitness Program (ER) 11:30 Depart to Mama Mia's (Italian) (G) 1:30 "Investigation Alien" episode 2 The Brazilian connection (CA) 2:30 Scattagories (AR) 4:00 Scrabble Challenge 7:00 Wednesday night Comedy Night (CA)	9:30 Inspired Living Walkers 10:00 Current Events (TH) 11:00 Growing Stroger exercise class (G) 1:30 Word games 2:30 Food Forum (DR) 3:30 Happy Hour with Ron Dagon entertaining (BL) 6:00 Depart to Palm Beach Zoo for Holiday Lights & Snow! (OT) 7:00 Inspired Cinema (New Release) (CA)	9:30 Coffee & Chat (BL) 10:00 Chair fitness Program (G) 11:00 Shabbat Services 1:30 Rummikub/Scrabble (AR) 2:30 Word Games (AR) 3:30 Gardening club (CY) 7:00 Inspired Cinema (Drama) (CA)	9:30 Coffee chat on Patio 10:00 Let's Get Physical Exercise 11:00 Word Games (AR) 1:30 Bingo (AR) 2:30 Saturday Matinee (TH) 3:00 Discussion Group (PDR) 7:00 Saturday Night at the Movies Romance (CA)
10:00 Chair Exercise (AR) 11:00 Sing-a-Long with Lori (BL) 1:30 Pictionary (AR) 1:30 Poker (PD) 2:30 Rummikub (AR) 3:30 Bingo Blast 7:00 Sunday Night at the Movies (Classic) (T)	10:00 Chair Yoga (G) 11:00 Current Events with Sandra (CA) 1:30 Boca Birds & Bunnies Visit (BL) 2:30 Rummikub (AR) 3:30 25 Cent Black Jack (AR) 4:30 Game Day (AC) 7:00 Monday Night Musical (CA)	9:30 The Walking Club 10:00 Trivia (AR) 11:00 Growing Stronger Therapy Classes (G) 1:00 Our Great National Parks episode 2 Chilean Patagonia (CA) 2:30 Therapy dogs visit! (BL) 3:00 Birthday Bash with Chris Autore (BL) 7:00 Movie Night (Action) (CA)	9:30 Nature Walk (CY) 10:00 Chair fitness Program (ER) 10:30 Depart to Wakodahatchee Wetlands 1:30 "Investigation Alien episode 3 Alien waters (CA) 2:30 Lecture with Andy Greenberg "Meaning of Chanukah" (AR) 4:00 Scrabble Challenge 7:00 Wednesday night Comedy Night (CA)	9:30 Inspired Living Walkers 10:00 Current Events (TH) 11:00 Growing Stroger exercise class (G) 1:30 Word games 3:30 Happy Hour with Theirry Khalfa Entertaining (BL) 6:30 \$ Bingo Night 7:00 Inspired Cinema (New Release) (CA)	9:30 Coffee & Chat (BL) 10:00 Chair fitness Program (G) 11:00 Shabbat Services 1:30 Rummikub/Scrabble (AR) 2:30 Word Games (AR) 3:00 Baking gingerbread Cookies (AR) 7:00 Inspired Cinema (Drama) (CA)	9:30 Coffee chat on Patio 10:00 Let's Get Physical Exercise 11:00 Word Games (AR) 1:30 Bingo (AR) 2:30 Saturday Matinee (TH) 3:00 Discussion Group (PDR) 7:00 Saturday Night at the Movies Romance (CA)
10:00 Chair Exercise (AR) 11:00 Sing-a-Long with Lori (BL) 1:30 Pictionary (AR) 1:30 Poker (PD) 2:30 Rummikub (AR) 3:30 Bingo Blast 7:00 Sunday Night at the Movies (Classic) (T)	10:00 Chair Yoga (G) 11:00 Current Events with Sandra (CA) 1:30 Word Games 2:45 Health Lecture with Elisa Erman followed by Name that Tune (AR) 3:30 25 Cent Black Jack (AR) 4:30 Game Day (AC) 7:00 Monday Night Musical (CA)	9:30 The Walking Club 10:00 Trivia (AR) 11:00 Growing Stronger Therapy Classes (G) 1:30 Our Great National Parks episode 3 Tsavo Kenya (CA) 2:30 Bingo (AR) 3:30 Festive Christmas Eve Celebration with Wes Anthony entertaining (BL) 7:00 Movie Night (Action) (CA)	9:30 Nature Walk (CY) 10:00 Chair fitness Program (ER) 12:00 Christmas Lunch (DR) 1:30 "Investigation Alien" episode 4 The counter Report (CA) 2:30 Scattagories (AR) 4:00 Menorah Lighting first night of Chanukah with Holiday appetizers (BL) 7:00 Wednesday night Comedy Night (CA)	9:30 Inspired Living Walkers 10:00 Current Events/ New Years Trivia (TH) 11:00 Growing Stroger exercise class (G) 1:30 Town Hall (DR) 1:30 Word games 3:30 Happy Hour with Andrea Entertaining (BL) 7:00 Inspired Cinema (New Release) (CA)	9:30 Coffee & Chat (BL) 10:00 Chair fitness Program (G) 11:00 Shabbat Services 1:30 Rummikub/Scrabble (AR) 2:30 Word Games (AR) 3:30 Dancing fun! (AR) 7:00 Inspired Cinema (Drama) (CA)	9:30 Coffee chat on Patio 10:00 Let's Get Physical Exercise 11:00 Word Games (AR) 1:30 Bingo (AR) 2:30 Saturday Matinee (TH) 3:00 Discussion Group (PDR) 7:00 Saturday Night at the Movies Romance (CA)
10:00 Chair Exercise (AR) 11:00 Sing-a-Long with Lori (BL) 1:30 Pictionary (AR) 1:30 Poker (PD) 2:30 Rummikub (AR) 3:30 Bingo Blast 7:00 Sunday Night at the Movies (Classic) (T)	10:00 Chair Yoga (G) 11:00 Current Events with Sandra (CA) 1:30 Word Games 2:30 Rummikub (AR) 3:30 25 Cent Black Jack (AR) 4:30 Game Day (AC) 7:00 Monday Night Musical (CA)	9:30 The Walking Club 10:00 Trivia (AR) 11:00 Growing Stronger Therapy Classes (G) 1:30 "Our Great national Parks Episode 4 (CA) 2:30 Bingo (AR) 3:30 Rummikub (AR) 6:00 New Years Eve party with Entertainment and Buffet dinner (DR)				

Activities are subject to change, due to weather or other circumstances.