



# October 2024

## Bella Mar at Delray | Assisted Living Activity Calendar

Dining Room = DR    Bistro/Lobby = BL  
 Courtyard = CY    Cinema = CA  
 Exercise Room-ER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 The Walking Club 10:00 Family Feud (AR) 11:00 Growing Stronger Therapy Classes (G) 1:30 General Trivia (AR) 2:30 Bingo (AR) 3:30 Happy Hour with Anthony Entertaining (BL) 7:00 Movie Night (Action) (CA)	1 9:30 Nature Walk (CY) 10:00 Chair fitness Program (ER) 11:30 Depart to Sicilian Oven (OT) 1:30 Our great National Parks "A world of wonder" (CA) 2:30 Scattagories (AR) 4:00 Scrabble Challenge 5:00 Erev Rosh Hashanah Dinner (DR) 7:00 Wednesday night Comedy Night (CA)	2 9:30 Inspired Living Walkers 10:00 Current Events (T) 11:00 Growing Stroger exercise class (G) 1:30 Word games 3:30 Happy Hour with Andrea Entertaining (BL) 5:00 Erev Rosh Hashanah Dinner (DR) 7:00 Inspired Cinema (New Release) (CA)	3 9:30 Coffee & Chat (BL) 10:00 Chair fitness Program (AC) 11:00 Shabbat Services 1:30 Town Hall (DR) 2:30 Rummikub (AR) 3:30 Family Feud (AR) 7:00 Inspired Cinema (Drama) (CA)	4 9:30 Coffee chat on Patio 10:00 Let's Get Physical Exercise 11:00 Word Games (AR) 1:30 Bingo (AR) 2:30 Saturday Matinee (T) 3:00 Discussion Group (PDR) 7:00 Saturday Night at the Movies ( Romance ) (CA)
10:00 Chair Exercise (AR) 11:00 Sing-a-Long with Lori (BL) 1:30 Pictionary (AR) 1:30 Poker (PD) 2:30 Rummikub (AR) 3:30 Bingo Blast 7:00 Sunday Night at the Movies (Classic) (TH)	6 10:00 Chair Yoga (G) 11:00 Current Events with Sandra (CA) 1:30 Word Games 2:30 Rummikub (AR) 3:30 25 Cent Black Jack (AR) 4:30 Game Day (ACT) 7:00 Monday Night Musical (CA)	7 9:30 The Walking Club 10:00 Family Feud (AR) 11:00 Growing Stronger Therapy Classes (G) 1:30 Canvas Painting 2:30 Bingo (AR) 3:30 Happy Hour with Theirry Keifer Entertaining (BL) 7:00 Movie Night (Action) (CA)	8 9:30 Nature Walk (CY) 10:00 Chair fitness Program (ER) 11:30 Depart to Burt & Max's 1:30 Documentary "Dancing with Birds" (CA) 2:30 Lecture with Andy Greenberg "Who wrote the Torah and why should I care" (CA) 4:00 Scrabble Challenge 7:00 Wednesday night Comedy Night (CA)	9 9:30 Inspired Living Walkers 10:00 Current Events (T) 11:00 Growing Stroger exercise class (G) 1:30 Word games 2:30 Cooking Demo (AR) 3:30 Happy Hour with Jamila Smith entertaining (BL) 7:00 Inspired Cinema (New Release) (CA)	10 9:30 Coffee & Chat (BL) 10:00 Chair fitness Program (AC) 11:00 Shabbat Services 1:30 Rummikub/Scrabble (AR) 2:30 Family Feud 5:00 Erev Yom Kippur Dinner (DR) 7:00 Inspired Cinema (Drama) (CA)	11 9:30 Coffee chat on Patio 10:00 Let's Get Physical Exercise 11:00 Word Games (AR) 1:30 Bingo (AR) 2:30 Saturday Matinee (T) 3:00 Discussion Group (PDR) 4:00 Yom Kippur Breakfast Dinner (DR) 7:00 Saturday Night at the Movies ( Romance ) (CA)
10:00 Chair Exercise (AR) 11:00 Sing-a-Long with Lori (BL) 1:30 Pictionary (AR) 1:30 Poker (PD) 2:30 Rummikub (AR) 3:30 Bingo Blast 7:00 Sunday Night at the Movies (Classic) (TH)	13 10:00 Chair Yoga (G) 11:00 Current Events with Sandra (CA) 1:30 Word Games 2:30 Rummikub (AR) 3:00 Trustbridge Caregivers Support Group (L) 3:30 25 Cent Black Jack (AR) 4:30 Game Day (ACT) 7:00 Monday Night Musical (CA)	14 9:30 The Walking Club 10:00 Family Feud (AR) 11:00 Growing Stronger Therapy Classes (G) 1:15 Bingo 2:00 Certified Therapy dogs Visit (BL) 3:30 Happy Hour with Don Stansfield entertaining (BL) 7:00 Movie Night (Action) (CA)	15 9:30 Nature Walk (CY) 10:00 Chair fitness Program (ER) 10:30 Depart to lunch at Taverna Kyma (OT) 1:30 Documentary "Puff Wonders of the World" (CA) 2:30 Boca Birds and Bunnies Visit (BL) 4:00 Scrabble Challenge 7:00 Wednesday night Comedy Night (CA)	16 9:30 Inspired Living Walkers 10:00 Current Events (T) 11:00 Growing Stroger exercise class (G) 1:30 Word games 2:30 Making Brownies (AR) 3:30 Happy Hour with Entertainment (BL) 7:00 Inspired Cinema (New Release) (CA)	17 9:30 Coffee & Chat (BL) 10:00 Chair fitness Program (AC) 11:00 Shabbat Services 1:30 Rummikub/Scrabble (AR) 2:30 Word Games (AR) 7:00 Inspired Cinema (Drama) (CA)	18 9:30 Coffee chat on Patio 10:00 Let's Get Physical Exercise 11:00 Word Games (AR) 1:30 Bingo (AR) 2:30 Saturday Matinee (T) 3:00 Discussion Group (PDR) 7:00 Saturday Night at the Movies ( Romance ) (CA)
10:00 Chair Exercise (AR) 11:00 Sing-a-Long with Lori (BL) 1:30 Pictionary (AR) 1:30 Poker (PD) 2:30 Rummikub (AR) 3:30 Bingo Blast 7:00 Sunday Night at the Movies (Classic) (TH)	20 10:00 Chair Yoga (G) 11:00 Current Events with Sandra (CA) 1:30 Word Games 2:30 Resident Council (DR) 3:30 25 Cent Black Jack (AR) 4:30 Game Day (ACT) 7:00 Monday Night Musical (CA)	21 9:30 The Walking Club 10:00 Family Feud (AR) 11:00 Growing Stronger Therapy Classes (G) 2:30 Bingo (AR) 3:30 Happy Hour with Billy K Entertaining (BL) 7:00 Movie Night (Action) (CA)	22 9:30 Nature Walk (CY) 10:00 Chair fitness Program (ER) 11:30 Depart to Lunch at Nino's (OT) 1:00 Gail's Jewelry & watches (BL) 1:30 Travelogue "Surviving Paradise" (CA) 2:30 Scattagories (AR) 4:00 Scrabble Challenge 7:00 Wednesday night Comedy Night (CA)	23 9:30 Inspired Living Walkers 10:00 Current Events (T) 11:00 Growing Stroger exercise class (G) 1:30 Word games 2:30 Scattagories (AR) 3:30 Happy Hour with Ron Dagon Entertaining (BL) 7:00 Inspired Cinema (New Release) (CA)	24 9:30 Coffee & Chat (BL) 10:00 Chair fitness Program (AC) 11:00 Shabbat Services 1:30 Rummikub/Scrabble (AR) 2:30 Word Games (AR) 3:30 Scattgories (AR) 7:00 Inspired Cinema (Drama) (CA)	25 9:30 Coffee chat on Patio 10:00 Let's Get Physical Exercise 11:00 Word Games (AR) 1:30 Bingo (AR) 2:30 Saturday Matinee (T) 3:00 Discussion Group (PDR) 7:00 Saturday Night at the Movies ( Romance ) (CA)
10:00 Chair Exercise (AR) 11:00 Sing-a-Long with Lori (BL) 1:30 Pictionary (AR) 1:30 Poker (PD) 2:30 Rummikub (AR) 3:30 Bingo Blast 7:00 Sunday Night at the Movies (Classic) (TH)	27 10:00 Chair Yoga (G) 11:00 Current Events with Sandra (CA) 1:30 Word Games 2:30 25 Cent Black Jack (AR) 3:30 Health Lecture with Elisa Erman followed by Name that Tune (AR) 4:30 Game Day (ACT) 7:00 Monday Night Musical (CA)	28 9:30 The Walking Club 10:00 Family Feud (AR) 1:30 "Ancient Apocalypse" Episode1 1:30 Family Feud (AR) 2:30 Bingo (AR) 3:00 Monthly Birthday Bash with Chris Entertaining (BL) 7:00 Movie Night (Action) (CA)	29 9:30 Nature Walk (CY) 10:00 Chair fitness Program (ER) 11:30 Depart to Lunch at the Cheesecake Factory (OT) 1:30 Travelogue "Breaking Boundaries" (CA) 2:30 Menu chat with chef John (AR) 4:00 Scrabble Challenge 7:00 Wednesday night Comedy Night (CA)	30 9:30 Inspired Living Walkers 10:00 Current Events (T) 11:00 Growing Stroger exercise class (G) 1:30 Word games 3:00 Spooky Halloween party with entertainment (BL) 7:00 Inspired Cinema (New Release) (CA)	31	

Activities are subject to change, due to weather or other circumstances.